

6th BDE Family Readiness Group (FRG) — is an Easy Way to Stay Informed



Keeping up with current unit and Family Readiness Group information is easy, thanks to the Family Readiness Group (FRG).

The FRG provides the functionality of a FRG in an online setting. Like an FRG, the FRG offers families:

- News from the unit in a timely manner
- Access to information at a time convenient for you
- Up to date information on military and community resources
- Quick access to unit and FRG leadership
- Photos of deployed Soldiers
- Frequently asked questions and Answers

The unit's FRG can only be viewed by members who are authorized by their Soldier and approved by the unit.

To access the FRG, go to AKO



The garrison also plays a major role in family readiness and support since their primary mission is to support our Active Duty and deployed Reserve Component units and their families.

Here are just a few of the many services the garrison provides:

- Army Community Service
 - Money management
 - Spouse employment assistance
 - Relocation assistance
 - Mobilization and deployment training
 - Information and referral services
- AFAP/AFTB
- New parent assistance
- Volunteer opportunities
- Child and Youth Services
- Sports and recreation services
- Chaplain services
 - Counseling services
 - Religious services



Other Resources

www.myarmylifetoo.com

(Army's official family web site)

www.militaryonesource.com

(for information and confidential counseling)

www.guardfamily.org

(National Guard's official family web site)

www.arfp.org

(Army Reserve's official family web site)



Visit the "6th BDE, ADA Family Readiness Group Homepage by logging in to AKO

<https://www.us.army.mil/suite/page/618749>

The Air Defense Artillery, 6th Brigade, Family Readiness Group page was created primarily for Family Members and Soldiers. We know that when your Soldier is far from home, there's no such thing as too much information. This page is your direct connection to Command information. It serves as an avenue to keep you connected to all of the pertinent information and resources you need to stay informed and connected to your organizations, your Soldiers, their mission and efforts while you're Soldier trains and keeps his or her commitment to defend our nation against its enemy's.

UNIT POINTS OF CONTACT

Phone: 555-555-5555

Fax: 555-555-5555

E-mail: someone@example.com



This unit is committed to supporting our family members (both immediate and extended). We recognize that families face challenges and are making sacrifices along with our Soldiers.
The unit "family readiness" serves as a team to support you.

Our mission is to provide predictability and stability in family life.

Unit Commander and Rear Detachment Commander (RDC)

The unit commander is responsible for coordinating family support and addressing family needs. When a unit prepares to deploy, the unit commander will assign a Soldier to serve as the Rear Detachment Commander (RDC).

The RDC serves as the communication link during deployment.



KEY ACTIONS OF THE UNIT COMMANDER (OR RDC DURING DEPLOYMENT)

- Maintains contact with families directly and through the FRG
- Coordinates FRG activities, unit briefings, events and agency programs
- Handles all official actions
- Serves as the official source of information on Soldier welfare, military operations and casualties

The unit commander (and RDC) works closely with the FRG leader and a network of military and civilian agencies so that information, programs and resources are provided to address family issues.

Family Readiness Group (FRG)

The FRG is a command sponsored organization open to all Soldiers, civilians and family members (immediate and extended) belonging to the unit. The FRG's primary mission is to serve as a conduit for information, mutual support and concern.

FRG's primary activities are to:

- Pass on important FRG, unit and military information - quickly
- Provide referrals to resources as needed
- Host social activities and educational briefings



"6th BDE Family Readiness Group Homepage."

<https://www.us.army.mil/suite/page/618749>

- **Hot Topics**
- **Useful Links**
- **Family Links**
- **Newsletters**
- **FAQ**
- **MyPay Link**
- **Army OneSource**
- **Weekly Recipes for working Moms**
- **FRG Leader Tools**
- **FRG Point of Contacts**